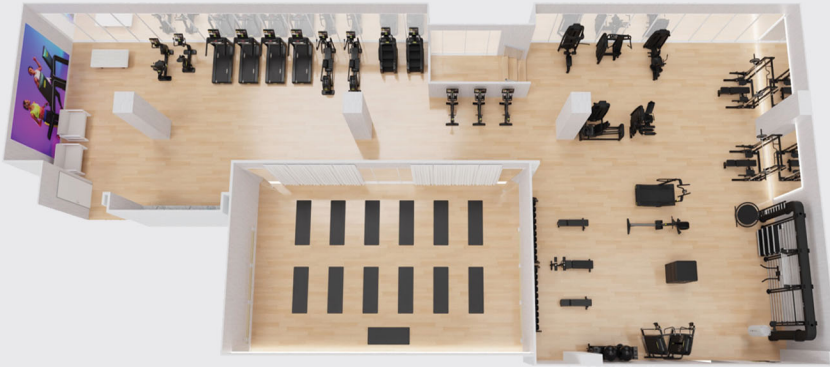


## PREMIUM, PRIVATE FITNESS & WELLNESS



### FITNESS CENTER MEMBERSHIP

- Introductory Fee Of \$30/Month - No Contract
- Private Facility for 400 Atlantic



### COMPLIMENTARY SELECT AMENITIES

- Shampoo, Conditioner & Body Wash
- Personal Hygiene Toiletries
- Hair Dryers



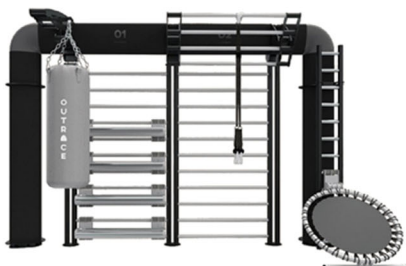
### FACILITY FEATURES

- Premium Yoga Studio
- Technogym Equipment
- Functional Training Zone



### LOCKER ROOMS

- Bath & Gym Towel Service
- Day Lockers



## FACILITY OPERATIONS

- OPERATING HOURS: 5AM - 10PM, MONDAY - FRIDAY
- NO GUESTS: TENANTS ONLY
- ALL TENANTS ARE ASKED TO WIPE EQUIPMENT BEFORE AND AFTER USE TO ENSURE A SAFE ENVIRONMENT

## SERVICES & OPTIONS

*Services will be rolled out in 2024 with expanded facility operations (membership fees subject to increase).*

**Yoga Instruction**, \$99/session, group options available

**Personal Training**, \$150/session, master trainer

### Corporate Wellness

Contact [fitness@400atlanticfitness.com](mailto:fitness@400atlanticfitness.com)  
for programs and services